# 2025 Jubilee Year **Pilgrims of Hope**





## Preparing our hearts for ADVENT



St John XXIII Parish and the Ignatian Spirituality Community (ISC) - Geneva invites you to experience different ways of praying as a journey to find God in all things.

Discover the richness of some of the different ways of prayer:

- With scriptures (Lectio Divina, Imaginative Contemplation)
- With a picture or Icon
- In song and music
- Examen Review of the day

and let them guide you to a deeper personal relationship with God. Explore, reflect, and allow it to speak to you.

Saturday, 29 November 9h30 to 16h30 St John XXIII Parish, Geneva More information to be provided soon

## **Prayer Day**

#### Preparing in prayer for Advent

You are most welcome to be with us through the entire day or come for the sessions that resonate with you.

### Overview of the day

10.00-10.30 10.30-12.00	Welcome (Croissants & coffee) GO& G1 Stilling GO& G1 Lectio Divina prayer GO& G1 Lunch GO&G1 Imaginative prayer GO& G1 Examen - Review the day GO& G1 Closure GO& G1
	Confession Main Church Mass Main Church

#### Find your breath of faith, hope and joy

Please **register** in advance on the ISC-Geneva website (www.isc-geneva.ch) to assist us with planning and catering.

Registration is free.



