

Options for Lent: 17 February – 4 April 2021

Lent is made up of just over six weeks from Ash Wednesday through to Easter Day. During this season, many Christians opt for a more focused spiritual journey in preparation for the greatest festival of the Christian year – Holy Week culminating in Christ's death and resurrection.

The Lenten journey can take many forms such as self-examination, penitence, self-denial, study and acts of service. All Lenten practices seek to renew our faith so that our inner and outer lives more fully reflect God's way of love.

Here are some options for you to consider:



Interactive online gatherings with others

1. **La Côte Lenten Seminars – Distorting truth and exploiting fear for political power and profit.** These are another way of enriching our faith and widening our horizons during Lent. **Wednesday 17 March and Wednesday 24 March, starting at 19:30.** These will be led by Chris Talbot and Dr Nigel Rollins ([click here for the flyer and for more details](#) [click here](#))
2. **Christ crucified! Why? A Zoom study morning exploring the meanings of the Cross of Christ, Saturday 6 March 10.00am-11.10am and 11.30am-12.30pm** organised by Holy Trinity Church, Geneva Led by **Dr Clare Amos.** ([click here for the flyer](#))
3. **Online Daily Morning Prayer 07.30-8.00** – Lent might be a good time to join us in morning prayer – following the Anglican daily prayer during Lent – with readings, a reflection and prayers. ALL are welcome – either to dip in and out or attend regularly. **08.30-9.00 on Saturdays!**
Zoom invitation <https://us02web.zoom.us/j/85122087785>

Options for our personal Lenten Journey

4. **#LiveLent 2021 church resources: God's Story, Our Story.** It is based on the Archbishop of Canterbury's Lent book for 2021, Living His Story by Hannah Steele, published by SPCK. The book and the accompanying daily reflections encourage all Christians to think about their calling, how to share their faith and reflect on the difference Christ makes in our lives. Click here for more details <https://www.churchofengland.org/resources/livelent-2021-church-resources-gods-story-our-story>
5. **Online daily retreat "Knowing Jesus",** open to all who are interested in getting to know Jesus better. It consists of daily readings, reflections, picture and music. It has been prepared by The Ignatian Spirituality Community in Glasgow.

Click here for more information. <https://sites.google.com/view/geneva-isc/retreats/2021-lenten-program?authuser=0>

If you decide to follow this retreat, you might like to find out if others are also doing it – and you could aim to meet weekly to chat either online or outside on a walk – to share how it is going. Please let [Carolyn](#) know if would like to link up with others.

6. **Rooted in Love, Lent reflections on life in Christ.** Edited and introduced by Bishop of London, **Sarah Mullally, 2020.** A daily reflection that leads us into the meaning and practice of life in Christ today. It has been written by the area bishops of the Diocese of London – and each one has a Bible reading, reflection, action and prayer – lasting about ten minutes each day.
7. **Thy Will Be Done, Stephen Cherry** At a time of change, uncertainty and widespread anxiety, we need to discover again the freshness of our most familiar spiritual resources, “The Lord’s Prayer” being just one of those. This most accessible Lent Book, rich in anecdote as well as analysis, is daily bread for the spiritually hungry.
8. **The Cross in the Heart of God, Reflections on the death of Jesus, Samuel Wells.** This book explores the meaning of the story at the very centre of Christianity: the crucifixion of Jesus. Drawing on the Old Testament, the Epistles and the Gospels, the author finds eighteen enduring motifs and images of the cross that continue to speak powerfully of God’s will to be with us in Christ, whatever the cost. There is a study guide and reading plan with prayers to help readers go deeper into this story.
9. **Using less single-use plastic during Lent.** We will be sharing a plan of ways to reduce, re-use and recycle plastic as part of our Lenten journey and our aims to care for creation in practical ways. It will be posted on the website in due course.