

La Côte Anglican Church
Lent 1: Morning Prayer
Wilderness

Welcome

Welcome in the name of Christ.
God's grace, mercy and peace be with you
All and also with you.

Faithful one, whose word is life:
come with saving power
to free our praise,
inspire our prayer
and shape our lives
for the kingdom of your Son,
Jesus Christ our Lord.
All Amen.

Hymn All my hope on God is founded (*Richard and Heidi*)

1 All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown,
he alone
calls my heart to be his own.

3 God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light, and life attend him,
beauty springeth out of naught.
Evermore
from his store
new-born worlds rise and adore.

5 Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call
one and all:
ye who follow shall not fall.

Robert Seymour Bridges (1844-1930), based on 'Meine Hoffnung stehet feste' by Joachim Neander (1650-1680) ©OUP

Prayers of penitence and reconciliation

Jesus is our high priest, tempted like us, yet without sin.
He lives for ever in heaven to intercede for us.
Through him we approach the throne of grace
with confidence,
and confess our sins.
Silence is kept

**All Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord.
Amen.**

Absolution

May almighty God,
who sent his Son into the world to save sinners,
bring *us* his pardon and peace, now and for ever.
All Amen.

Psalm 25:1-9

- 1 To you, O Lord, I lift up my soul;
O my God, in you I trust; ♦
let me not be put to shame;
let not my enemies triumph over me.
- 2 Let none who look to you be put to shame, ♦
but let the treacherous be shamed and frustrated.
- 3 Make me to know your ways, O Lord, ♦
and teach me your paths.
- 4 Lead me in your truth and teach me, ♦
for you are the God of my salvation;
for you have I hoped all the day long.
- 5 Remember, Lord, your compassion and love, ♦
for they are from everlasting.
- 6 Remember not the sins of my youth
or my transgressions, ♦

but think on me in your goodness, O Lord,
according to your steadfast love.

7 Gracious and upright is the Lord; ♦
therefore shall he teach sinners in the way.

8 He will guide the humble in doing right ♦
and teach his way to the lowly.

9 All the paths of the Lord are mercy and truth ♦
to those who keep his covenant and his testimonies.

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen

Hymn Be still and know (*Richard and Heidi*)

1. Be still and know that I am God,
Be still and know that I am God,
Be still and know that I am God.
2. I am the Lord that healeth thee,
I am the Lord that healeth thee,
I am the Lord that healeth thee.
3. In thee, O Lord, I put my trust.
In thee, O Lord, I put my trust.
In thee, O Lord, I put my trust.

Based on Psalm 46

Old Testament Reading

Genesis 9:8-17

⁸Then God said to Noah and to his sons with him, ⁹'As for me, I am establishing my covenant with you and your descendants after you, ¹⁰and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.'
¹²God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.'
¹⁷God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

This is the word of the Lord

All Thanks be to God

New Testament Reading

Mark 1:9-15

⁹In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the word of the Lord

All Thanks be to God

Reflection *Wilderness*

Hymn Forty days and forty nights (*Richard and Heidi*)

1 Forty days and forty nights
You were fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled.

2 Sunbeams scorching all the day,
chilly dewdrops nightly shed,
prowling beasts about your way,
stones thy pillow, earth your bed.

5 Keep, O keep us, Saviour dear,
Ever constant by Your side,
That with You we may appear
At the eternal Eastertide.

George Hunt Smyttan (1822-1870)

The Creed

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.

For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come.

Amen.

Prayers

Collect for the day

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All Amen

The Lord's prayer

Let us pray with confidence as our Saviour has taught us:

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Hymn Lead us heavenly father, lead us (*Richard and Heidi*)

1 Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

2 Saviour, breathe forgiveness o'er us:
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

3 Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy:
thus provided, pardoned, guided,
nothing can our peace destroy.

Sending out

God of compassion,
through your Son Jesus Christ
you have reconciled your people to yourself.
As we follow his example of prayer and fasting, may we obey you with willing hearts
and serve one another in holy love; through Jesus Christ our Lord.
All Amen.

The Lord bless you and watch over you,
the Lord make his face shine upon you
and be gracious to you,
the Lord look kindly on you and give you peace;
and the blessing ...

Now unto the King eternal, immortal, invisible,
the only wise God,
be honour and glory for ever and ever.

All Amen.

While we read the notices, Jeremy will play Fauré's Sicilienne.

Prayer and Care

This week if you would like prayer for anything, do contact Peta Tracey, who will share your prayer request in confidence with our La Côte Church prayer group.

Please go to www.lacotechurch.ch for more information about our church.

Thank you for joining us in worship – we hope you have found hope and inspiration for your life.

If you would like to support our church with a gift, by card, click on this link:

<https://www.lacotechurch.ch/donate/>

Thank you to all of you who are pledging and donating your collections online, or putting collection money aside each week.

Here are the bank details for your online donations:

IBAN:	CH42 0022 8228 5504 9740 H
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