

# A MORNING OF ADVENT PREPARATION

using Lectio Divina

Saturday, 25 November, 2017

9:30-12:30pm

La Cote Anglican Church

In the Temple de Gingins

Rte de L'Eglise 9,

1276 Gingins



(Please park down by the post office in Gingins.  
If you need a lift from Nyon station please ask)

Do you need to catch your breath? A small window to pause, listen, and rest?

You are invited to a half-day retreat on the contemplative practice of Lectio Divina.

Lectio Divina is a prayerful approach to reading the scriptures that involves slowing us down, space for listening, and reflection for God's invitation in our present circumstances. This day will involve simple teaching, guided practice, and silence for personal prayer and reflection.

Bring your journal if you have one. Refreshments provided. Although the church is well heated do bring a cushion and/or blanket if that will help you slow down.

It would help our organization to know if you plan to join us,  
so for any questions or to RSVP please contact:

Monica McKinlay [Monica McKinlay monrairai@gmail.com](mailto:MonicaMcKinlay@monrairai@gmail.com)

and visit her website [www.listeningpresence.org](http://www.listeningpresence.org).

or Carolyn Cooke [Carolyn.cooke@lacotechurch.ch](mailto:Carolyn.cooke@lacotechurch.ch)

The Morning is free of charge but donations will be welcome to cover costs.